SUMMER 2024



OFFICIAL PUBLICATION OF THE TEAMSTERS HEALTH & WELFARE AND PENSION FUNDS OF PHILADELPHIA AND VICINITY

WWW.TEAMSTERFUNDS.COM



WELLNESS SCREENING 2024 IS IN FULL SWING

As the summer begins to wind down, it's time to get all those tasks done that took a back seat for the summer. One of those tasks may be your Wellness Screening for the 2025 Plan Year. The Wellness Screening requires that <u>both the member and spouse</u> must complete a Wellness Screening through Quest

Diagnostics.. The Wellness Screening started in March and will run through October 31, 2024 (this is an extension from the original expiration date of September 30, 2024). Participation in the Wellness Screening will allow you and your qualified dependents to enjoy benefits under our Platinum Plan. This Plan has lower deductibles, co-insurances and copays compared to the Gold Plan. *If your spouse is currently enrolled in his/her company plan and only uses this plan as secondary, your spouse does not need to complete the Wellness Screening*. There are three ways to obtain the Wellness Screening through Quest.

- Onsite Event: offered at our <u>Health Fair on September 14, 2024 at Teamsters Local 107</u>
 12775 Townsend Rd Philadelphia, PA. You will need to make an appointment either by calling 855.623-9355 or visit: My.QuestForHealth.com and schedule your appointment. There is more information regarding this Health Fair within this newsletter.
- **2. Patient Service Center**: You will need to make an appointment either by calling 855.623-9355 or visit: My.QuestForHealth.com and schedule your appointment.
- 3. Physician's Results Form: most convenient option if you already have testing done at your doctor's office (testing must be done between January 1 and October 31, 2018). Download the form from the Quest Diagnostics Website (My.QuestForHealth.com). The form must be completed in its entirety and faxed by your doctor's office by October 31, 2024 directly to Quest. The fax number is on the form.

TEAMSTERS HEALTH AND WELFARE FUND

2024 Health & Benefits Fair

Join us for a day of wellness at the Teamsters Health and Welfare Fund's 2024 Health and Benefits Fair. Come learn about your cost savings benefits, participate in free health screenings, interact with vendors and enjoy free giveaways. All members, their spouses, children and significant others are encouraged to attend.

at the health fair.

Pre-registration is required
but fasting is not required.

Participate in "Passport To Health" and win great prizes!

Get your free genetic or at home cancer screening tests. Enroll and complete a health assessment to win a

prize

Eligible members only



PARTICIPATING VENDORS

|Quest Diagnostics | Color Genomics | Teamsters Health & Welfare Fund | Mattucci & Associates | TELADOC | National Vision Administrators | Capital Rx | Health Care Solutions | Horizon |

Aetna

Saturday - September 14, 2024

10:00 a.m. to 2:00 p.m.

Teamsters Local 107 12275 Townsend Rd. Philadelphia, PA 19154



For more information, please contact Member Services at 1-800-523-2846.