



2022 ANNUAL WELLNESS SCREENING

When:

March 1 - September 30, 2022

Where: At a Quest Diagnostics Patient Service Center (PSC) near you.

Registration Key: WELLTEAM

Unique ID:

Employee's Last 4 digits of SSN + DOB (ex. 123402231945)

Spouse's Last 4 digits of SSN + DOB (ex. 123402231945)

Register Today!

Visit [My.QuestForHealth.com](https://my.questforhealth.com) and schedule your appointment. If you're unable to register online, please call Quest at 1-855-623-9355.

Fasting Is Not Required

Take any regularly scheduled medications as usual. Drinking water is permissible and recommended prior to your blood draw.

Dental Exam

In order to satisfy all requirements for the wellness screening, both the member and spouse must complete a preventive dental exam between January 1, 2022 – September 30, 2022.



How to complete your wellness screening

At a Patient Service Center (PSC)

Quest Diagnostics has 2,200 convenient PSC locations across the country.

1

Schedule a PSC appointment at [MyQuestForHealth.com](https://www.MyQuestForHealth.com)

- Use Registration Key: **WELLTEAM**
- Fasting is not required. Take any regularly scheduled medications as usual. Drinking water is permissible and recommended prior to your blood draw.
- You will receive an email when your results are ready to view online. Your printed report will arrive in the mail 2-3 weeks after your screening.

Dental Exam

In order to satisfy all requirements for the wellness screening, both the Member and Spouse must complete a preventive dental exam between January 1 - September 30, 2022.

Completing your wellness screening is easy and convenient. You will receive current and accurate lab results that you can share with your doctor to create a health plan that meets your needs. Results are confidential and not shared with your employer. We hope you take advantage of this free service.

With a Physician

If you are unable to make an onsite or PSC appointment, have your physician complete a Physician Results Form.

2

Download a Physician Results Form at [MyQuestForHealth.com](https://www.MyQuestForHealth.com)

- Use Registration Key: **WELLTEAM**
- Ask your doctor to complete it using recent lab results. Your doctor may charge a fee to complete the form.
- Form needs to include all required screening values and signatures.
- Make sure your doctor faxes the form to Quest Diagnostics by **September 30, 2022**.
- Your printed report will arrive in the mail 2-3 weeks after your screening.