

How register on My.QuestForHealth.com

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area, enter the registration key provided by your employer, and click the **Register Now** button



[Contact Us](#)

The screenshot shows the My.QuestForHealth.com interface. On the left, there is a 'Log In' section with fields for 'Username' and 'Password', a green 'Log In' button, and a link for 'Forgot your username or password?'. On the right, there is a 'Create Account' section with a 'Registration Key' field containing '1234567890', a note 'Located in a communication from your company', and a green 'Register Now' button. The background of the interface features a person with a backpack standing on a rocky outcrop, looking out over a body of water under a blue sky.

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

- Read through the Quest Diagnostics Terms and Conditions
- Scroll to the bottom and click the **Accept & Continue** button

Blueprint
for WELLNESS®



Contact Us

Terms and Conditions

1. Terms of Service: Quest Diagnostics Health & Wellness represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at QuestDiagnostics.com/home/privacy-policy/online-privacy.html. Our Privacy of Protected Health Information (PHI) policy requires that we "must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws." Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.
2. By participating in the wellness screening program(s) you acknowledge, and consent to, Quest Diagnostics Health & Wellness' disclosure of the data and outcomes of your Health Questionnaire and test results in accordance with the requirements of the Health Insurance and Portability and Accountability Act (HIPAA) and any other applicable laws. If you are providing family medical history or other genetic information through a Health Questionnaire or test results, you are also authorizing and consenting to the use of such genetic information for the purposes of the wellness screening program as described in paragraph 3 below. If you are a spouse or dependent of another participant in the wellness screening program, you are also authorizing and consenting to the use of your genetic information, which genetic information may include blood pressure, BMI, and blood work results such as cholesterol, glucose, and triglycerides, in your spouse's data. Your employer will not receive your results in any form that may match the data to you, though your employer may receive de-identified, aggregated data from the entire population of participating employees.
3. If your employer or program sponsor selects additional health benefits management services as part of this wellness screening then, at the direction of your employer or program sponsor, your data may be shared with health care professionals/companies and/or your employer's Group Health Plan representatives who offer additional services provided by your employer. Data sharing with authorized third parties will be performed via a secure data exchange process designed to keep your personal and protected health

- Under **Confirm Your Eligibility**, enter your Unique ID, Date of Birth, and relationship to the organization
 - Your Unique ID should have been provided to you in an employer communication
 - Your relationship should be either **employee** or **spouse/domestic partner**
- Click the green **Continue** button

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[Contact Us](#)



Confirm Your Eligibility



Create Your Account



Enter Your Information

Confirm Your Eligibility

Enter your Unique ID and Birth Date below.

Unique ID (UID)

Birth Date



Relationship



Continue ▶

- Create a username and password to log in to your account
 - The password must be at least 8 characters long, include a number or special character, and include at least 1 uppercase letter and at least one lowercase letter
- Click the green **Continue** button

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[Contact Us](#)



Confirm Your Eligibility



Create Your Account



Enter Your Information

Create Your Account

Username

Password

8 Characters, Number or Special Character, Uppercase, Lowercase




Confirm Password


Must Match Password




Continue ▶

- Verify/complete all of the information under **Enter Your Information**
 - Please note that an email address is required and will be used in a case where you need to retrieve your username or reset your password
- Verify/complete all of the information under **Mailing Address**
- Click the green **Submit** button

 Confirm Your Eligibility

 Create Your Account


 Enter Your Information

Enter Your Information

First Name

Last Name

Birth Date



Gender

▼


Phone

Email Address

Location Code

Insurance Member ID

Social Security Number



Mailing Address

Address (Line 1)

Address (Line 2)

Country

▼

City

State

▼

Zip Code

Submit

- After registering, you will arrive at the dashboard
- Under the **Why should you participate?** section, you will see any program-specific information from your employer, if applicable

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Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Why should you participate?

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!



Logo 3

[About Your Program](#) ▶

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

[Schedule a Screening](#) ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

[Make an Appointment](#) ▶

Physician Results Form

At-Home Test

How to schedule a screening at a Quest Diagnostics Patient Service Center (PSC)

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

Blueprint for WELLNESS® | Quest Diagnostics™

Log In

Hello, Alexandria Didaplinko

My Results My Account Contact Us

Why should you participate?

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

Logo 3

About Your Program ▶

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

Physician Results Form At-Home Test

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

- To schedule a screening at a PSC, in the **Wellness Screening** section, under **Patient Service Center**, click the green **Schedule a Screening** button

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

Physician Results Form

Submit results from a screening performed by your physician.

Order Form ▶

At-Home Test

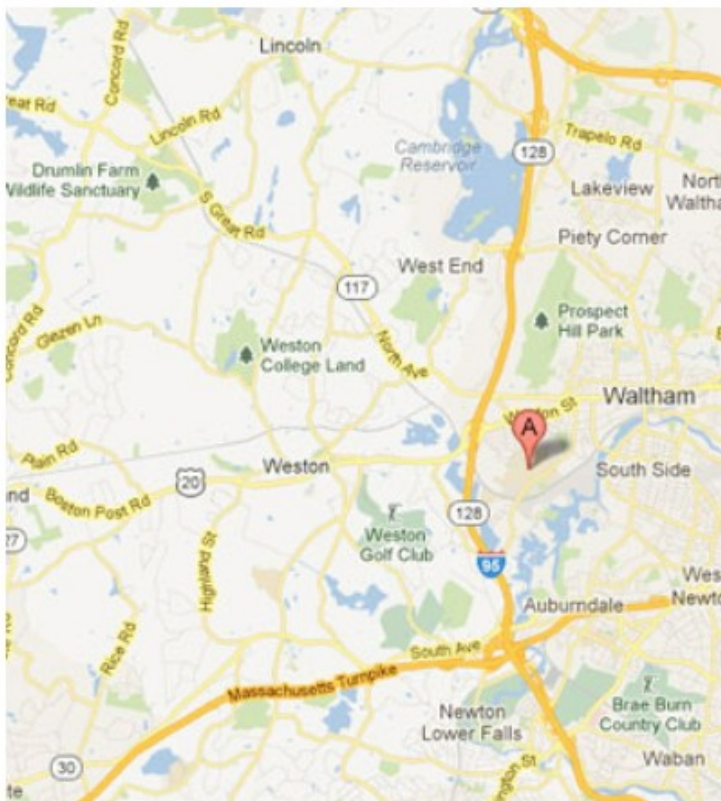
Materials will be sent to your home to complete a screening.

Order Materials ▶

- Select the **Quest Diagnostics PSC location** where you'd like to complete your screening
 - Note: To search for PSC locations in other areas than your home zip code, simply change the zip code
- Click the green **Continue** button

Location

☐ Walk-in to your closest Patient Service Center



Zip Code	
Name of Location 1010 Street Address City Name, State 12345	0 mi
Name of Location 1010 Street Address City Name, State 12345	0 mi
Name of Location 1010 Street Address City Name, State 12345	0 mi
Name of Location 1010 Street Address City Name, State 12345	0 mi
Name of Location 1010 Street Address City Name, State 12345	0 mi

Continue ▶

- Select the **Date** and the **Time** when you would like to complete your screening
- Click the green **Continue** button

Location

[Change](#)



Name of Location

1010 Street Address

City Name, State 12345

Date and Time

Date



Time



Continue



Additional Screening(s)

Review and Confirm

- If your employer offers any optional screening tests, you will be able to select which ones to include and click the green **Continue** button
- If your employer does not offer optional screening tests, you will automatically be taken past this step

Additional Screening(s)

[Change](#)



The selected panels below will be performed in addition to your Wellness Screening.

Add	Optional Test(s)
<input type="checkbox"/>	PSA
<input type="checkbox"/>	Hemoglobin A1c

Continue ▶



Review and Confirm

- Verify that all the appointment details shown on the screen are accurate
- Click the green **Confirm** button
 - NOTE: Your appointment is **not scheduled** until you click the green **Confirm** button

Location

[Change](#)



Name of Location

1010 Street Address

City Name, State 12345

Date and Time

[Change](#)



Saturday, June 16, 2018

8:10 am

Additional Screening(s)

[Change](#)



PSA

Review and Confirm

Confirm

Your appointment is not scheduled until you click confirm.

- Once your appointment has been scheduled you will arrive at the **Confirmation** screen
- Click the green **Back to Dashboard** link to return to the dashboard

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for WELLNESS®



Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Thank you, Allison!

Your wellness screening has been scheduled at the Patient Service Center indicated below.

Patient Service Center

Name of Location

1010 Street Address
City Name, State 12345

Saturday, Jun 18, 2018
at 8:10 am

[Back to Dashboard](#)

[Update Your Email Preferences.](#)

Prepare For Your Appointment



Drink plenty of water prior to your appointment



Continue to take all medications as prescribed by your healthcare provider.



Do not eat or drink anything, except water, for 9-12 hours prior to the blood test.

Next Steps

1 Take your [health questionnaire](#).

For questions, contact the Health & Wellness Service Center:
1.855.623.9355

- On the dashboard, you will be able to see your scheduled appointment
- You can click the green **Download to Calendar** link to add the appointment to your calendar
- If needed, you can also use the green buttons to cancel or reschedule your appointment
- Clicking the **Need more appointment information?** link will take you back to the appointment confirmation page

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Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Scheduled

Patient Service Center

Name of Location

1010 Street Address

City Name, State 12345

Saturday, Jun 18, 2018

at 8:10 am



[Download to Calendar](#)

Cancel



Reschedule



[? Need More Appointment Information?](#)

How to schedule a screening at an onsite event

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

The screenshot shows the user interface of the Quest for Health website. At the top, there is a navigation bar with the Blueprint for Wellness and Quest Diagnostics logos on the left. In the center, there is a 'Log In' button labeled 'Logo 2'. On the right, the user is greeted with 'Hello, Alexandria Didaplinko' and links for 'My Results', 'My Account', and 'Contact Us'. Below the navigation bar, the main content area is divided into two sections. The first section, titled 'Why should you participate?', contains text about the benefits of screening and a green button labeled 'About Your Program' with a right arrow. The second section, titled 'Wellness Screening', includes the instruction 'To get started, select an appointment method below.' and two columns of options. The first column, 'Patient Service Center', describes scheduling at a nearby Quest Diagnostics location and has a green button 'Schedule a Screening' with a right arrow. The second column, 'Onsite Event', describes attending a wellness event at work or a designated location and has a green button 'Make an Appointment' with a right arrow. At the bottom of the screenshot, the text 'Physician Results Form' and 'At-Home Test' are partially visible.

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

- To schedule an appointment at an onsite event, in the **Wellness Screening** section, under **Onsite Event**, click the **Make an Appointment** button

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

Physician Results Form

Submit results from a screening performed by your physician.

Order Form ▶

At-Home Test

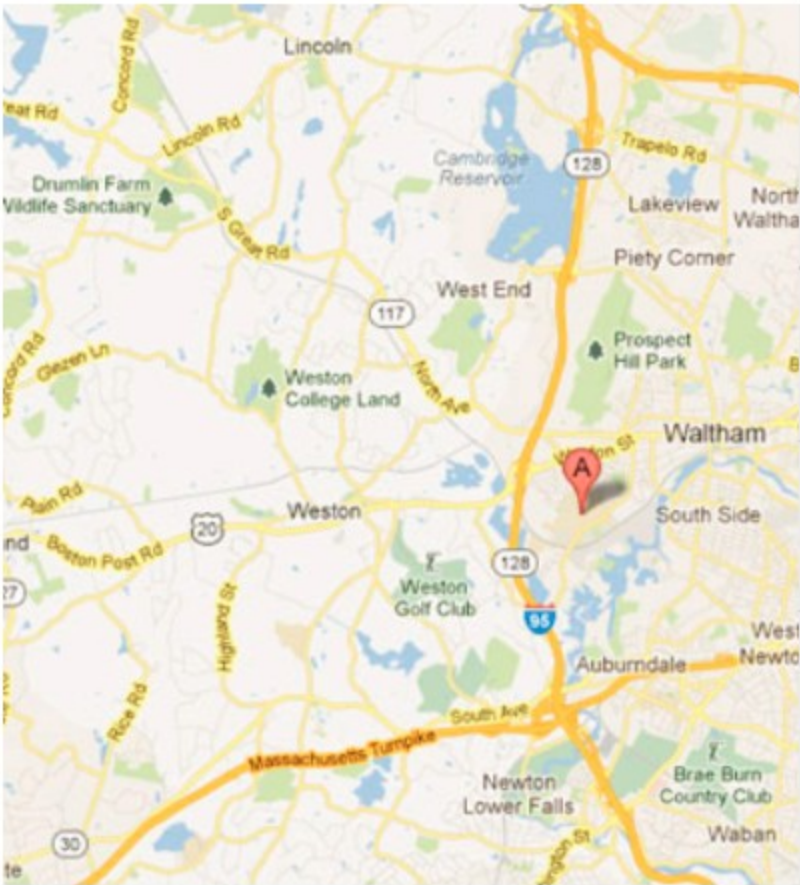
Materials will be sent to your home to complete a screening.

Order Materials ▶



- Select the onsite event location where you'd like to complete your screening
- Click the green **Continue** button

Location



Zip Code		
Name of Location		
1010 Street Address		10
City Name, State 12345		Appts
Name of Location		
1010 Street Address		20
City Name, State 12345		Appts
Name of Location		
1010 Street Address		25
City Name, State 12345		Appts

Continue ▶

- Select the **Date** and the **Time** when you would like to complete your screening
- Click the green **Continue** button

Location

[Change](#)



Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Date and Time

Date



Time



Continue



Review and Confirm

- Verify that all the appointment details shown on the screen are accurate
- Click the green **Confirm** button
 - NOTE: Your appointment is **not scheduled** until you click the green **Confirm** button

Location

[Change](#)



Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Date and Time

[Change](#)



Saturday, June 16, 2018

8:10 am

Review and Confirm

Confirm

Your appointment is not scheduled until you click confirm.

- Once your appointment has been scheduled you will arrive at the **Confirmation** screen
- Click the green **Back to Dashboard** link to return to the dashboard

Blueprint
for WELLNESS®



Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Thank you, Allison!

Your wellness screening has been scheduled at the Onsite Event indicated below.

Onsite Event

Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Saturday, Jun 18, 2018
at 8:10 am

[Back to Dashboard](#)

Prepare For Your Appointment



Drink plenty of
water prior to your
appointment



Continue to take all
medications as
prescribed by your
healthcare provider.



Do not eat or drink
anything, except
water, for 9-12
hours prior to the
blood test.

For questions, contact the Health & Wellness Service Center:
1.855.623.9355

- On the dashboard, you will be able to see your scheduled appointment
- You can click the green **Download to Calendar** link to add the appointment to your calendar
- If needed, you can use the green buttons to cancel or reschedule your appointment

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Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Scheduled Onsite

Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Saturday, Jun 18, 2018

at 8:10 am



[Download to Calendar](#)

Cancel



Reschedule



[? Need More Appointment Information?](#)

How to complete a screening using a Physician Results Form

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

The screenshot shows the user interface of the Quest Diagnostics Blueprint for Wellness website. At the top, there is a navigation bar with the Blueprint for Wellness and Quest Diagnostics logos on the left. In the center, there is a grey button labeled 'Logo 2'. On the right, the user is greeted with 'Hello, Alexandria Didaplinko' and has links for 'My Results', 'My Account', and 'Contact Us'. Below the navigation bar, the main content area is divided into two sections. The first section, titled 'Why should you participate?', contains text about the benefits of screening and a green button labeled 'About Your Program' with a right arrow. The second section, titled 'Wellness Screening', instructs the user to select an appointment method. It features two columns: 'Patient Service Center' with a 'Schedule a Screening' button, and 'Onsite Event' with a 'Make an Appointment' button. At the bottom, the text 'Physician Results Form' and 'At-Home Test' is partially visible.

Blueprint for WELLNESS® | Quest Diagnostics™

Logo 2

Hello, Alexandria Didaplinko

My Results My Account Contact Us

Why should you participate?

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

Logo 3

About Your Program ▶

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

Physician Results Form At-Home Test

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

- To complete your screening using a Physician Results Form, in the **Wellness Screening** section, under **Physician Results Form**, click the **Order Form** button

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

Physician Results Form

Submit results from a screening performed by your physician.

Order Form ▶

At-Home Test

Materials will be sent to your home to complete a screening.

Order Materials ▶



- After arriving on the confirmation page, you can click the green **Download Form** button to download and print your personalized form
 - Verify that all of your personalized information included in the form is accurate and have your physician complete the form
 - Please note the range of dates when the test must be completed and the deadline to return the form
- Click the green **Back to Dashboard** link to return to your dashboard

Thank you, Allison!

Your wellness screening is has been created as a Physician Results Form, download it below.

Physician Results Form

[Download Form](#) ▶

Tests needed to be completed:

Jan 1, 2017-Dec 31, 2017

Form must be returned by:

Sat, Dec 17, 2017

[Back to Dashboard](#)

Update Your [Email Preferences](#).

Next Steps

1 Take your [health questionnaire](#).

2 You can fax it to xxx.xxx.xxxx or [upload it](#).

For questions, contact the Health & Wellness Service Center:

1.855.623.9355.

After your doctor completes the form, there are two options for submitting the form to Quest Diagnostics:

- You may fax the completed form to the fax number indicated on the form, or
- You may submit your completed form to Quest Diagnostics electronically using the **Upload Form** button on the dashboard



Blueprint
for WELLNESS®



Quest
Diagnostics™

Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Scheduled

Physician Results Form

You have downloaded your form. You can fax it in or upload it to the right. You can also [download your form here](#).

Cancel



Upload Form



[? Need More Appointment Information?](#)

- After selecting the **Upload Form** button on the dashboard, browse your computer for the completed Physician Results Form
- You will then arrive at the screen below (if you upload the incorrect file, you can browse your computer again by clicking the green **Change Form** button)
- In the **Input Your Results** section, validate your form by entering the measurements shown on your form
- After filling in all required information, click the green **Submit** button
- You will receive an email as notification whether your form has been processed, or rejected for any reason

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Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Uploaded File



Change Form ▶



Input your results

Date Test(s) Performed



Height (feet) ▼

Height (inches) ▼

Weight (lbs)

Hip (inches)

Pulse

How to order at-home testing materials

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

The screenshot shows the top navigation bar with the Blueprint for Wellness and Quest Diagnostics logos. A user is logged in as 'Hello, Alexandria Didaplinko' with links to 'My Results', 'My Account', and 'Contact Us'. Below the navigation bar, there is a section titled 'Why should you participate?' with a description: 'Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!'. To the right of this text is a placeholder for 'Logo 3' and a green button labeled 'About Your Program'. Below this section is a 'Wellness Screening' section with the text 'To get started, select an appointment method below.' and two columns of options: 'Patient Service Center' (with a 'Schedule a Screening' button) and 'Onsite Event' (with a 'Make an Appointment' button). At the bottom, there are links for 'Physician Results Form' and 'At-Home Test'.

Blueprint for WELLNESS® | Quest Diagnostics™

Logo 2

Hello, Alexandria Didaplinko

My Results My Account Contact Us

Why should you participate?

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

Logo 3

About Your Program

Wellness Screening

To get started, select an appointment method below.

Patient Service Center
Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening

Onsite Event
Attend a wellness event at work or a location designated by your organization.

Make an Appointment

Physician Results Form At-Home Test

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

- To participate using Qcard™ at-home test materials, in the **Wellness Screening** section, under **At-Home Test**, click the green **Order Materials** button

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

Physician Results Form

Submit results from a screening performed by your physician.

Order Form ▶

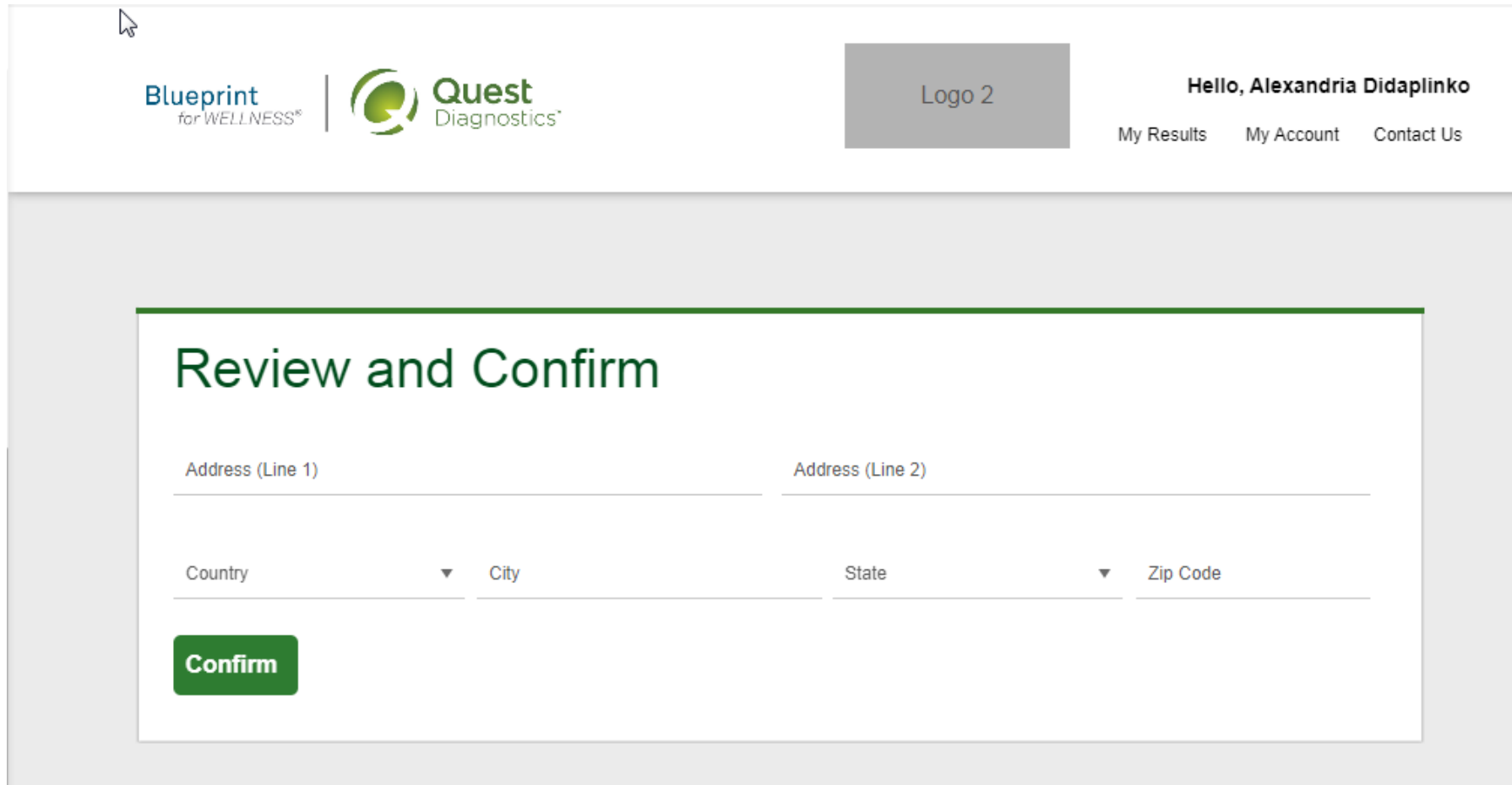
At-Home Test

Materials will be sent to your home to complete a screening.

Order Materials ▶



- Confirm the shipping address for the Qcard materials
 - Note: Quest Diagnostics Health & Wellness is unable to ship Qcard materials to the state of NY and outside of the continental United States
- Click the green **Confirm** button



The screenshot shows a web interface for reviewing and confirming a shipping address. At the top, there is a navigation bar with the 'Blueprint for WELLNESS' logo, the 'Quest Diagnostics' logo, a placeholder for 'Logo 2', and a user greeting 'Hello, Alexandria Didaplinko'. To the right of the greeting are links for 'My Results', 'My Account', and 'Contact Us'. The main content area is titled 'Review and Confirm' and contains a form with the following fields: 'Address (Line 1)', 'Address (Line 2)', 'Country' (with a dropdown arrow), 'City', 'State' (with a dropdown arrow), and 'Zip Code'. A green 'Confirm' button is located at the bottom left of the form.

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for WELLNESS®

Quest
Diagnostics™

Logo 2

Hello, Alexandria Didaplinko

[My Results](#) [My Account](#) [Contact Us](#)



Review and Confirm

Address (Line 1) Address (Line 2)

Country ▼ City State ▼ Zip Code

Confirm

- Once your materials have been ordered, you will arrive at the **Confirmation** screen
- Click the green **Back to Dashboard** link to return to the dashboard

 | 

Logo 2

Hello, Alexandria Didaplinko

[My Results](#) [My Account](#) [Contact Us](#)

Thank you, Allison!

Your At-Home Test Materials will be sent to the address indicated below.

At-Home Test Materials

Materials Sent To:
1010 Street Address
City Name, State 12345


Orders

Date	Status
01-13-17	Ordered
04-05-17	Shipped


[Back to Dashboard](#)

[Update Your Email Preferences.](#)


Prepare For Your Materials



Drink plenty of water prior to completing your screening



Continue to take all medications as prescribed by your healthcare provider.



Do not eat or drink anything, except water, for 9-12 hours prior to the blood test.

Next Steps

- 1 Take your [health questionnaire.](#)
- 2 Complete your At-Home Test Materials using the instructions in your package.

For questions, contact the Health & Wellness Service Center:
1.855.623.9355

- From the dashboard, you'll be able to see the date you placed the order and the date the materials shipped
- If you do not receive the materials within 10 days of the shipped date, materials can be reordered using the green **Reorder** button on the dashboard

Blueprint
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Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Scheduled

At-Home Test Materials

Materials Sent to:

1010 Street Address
City Name, State 12345

Cancel

Reorder

[? Need More Appointment Information?](#)

Orders

Date	Status
01-13-17	Ordered
04-05-17	Shipped

How to complete your health questionnaire

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard
- If you have already completed your screening, the **Health Questionnaire** section will be at the top of your dashboard
- If you have not yet completed your screening, the **Health Questionnaire** section may be below other sections, such as the **Wellness Screening** section or **Why Should You Participate** section
- Click the green **Take Health Questionnaire** button to begin your questionnaire

Health Questionnaire



Tell us a little about your health habits in this health questionnaire. We will use your responses in combination with your screening results to give you deeper insights about your your health and wellness. The questionnaire will take approximately 10-15 minutes to complete.

Take Health Questionnaire ➔

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

How to make an onsite flu shot event appointment

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

The screenshot shows the user interface of the Quest for Health website. At the top, there is a navigation bar with the Blueprint for Wellness and Quest Diagnostics logos on the left. In the center, there is a 'Log In' button. On the right, the user is greeted with 'Hello, Alexandria Didaplinko' and links for 'My Results', 'My Account', and 'Contact Us'. Below the navigation bar, the main content area is divided into two sections. The first section, titled 'Why should you participate?', contains text about the benefits of screening and a green button labeled 'About Your Program'. The second section, titled 'Wellness Screening', instructs the user to select an appointment method. It offers two options: 'Patient Service Center' with a 'Schedule a Screening' button, and 'Onsite Event' with a 'Make an Appointment' button. At the bottom of the visible area, the text 'Physician Results Form' and 'At-Home Test' are partially visible.

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Log In

Hello, Alexandria Didaplinko

My Results My Account Contact Us

Why should you participate?

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

Logo 3

About Your Program ▶

Wellness Screening

To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening ▶

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

Physician Results Form At-Home Test

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

- If you have already completed your screening, the **Flu Shot** section will be near the top of your dashboard
- If wellness screenings are available and you have not yet completed your screening, the **Flu Shot** section may be below other sections, such as the **Wellness Screening** section or **Why Should You Participate** section
- In the **Flu Shot** section, under **Onsite Flu Shot Event**, click the green **Make An Appointment** button to schedule your appointment

Blueprint
for WELLNESS®



Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Flu Shot

To get started, select an appointment type below.

Onsite Flu Shot Event

Attend a flu shot event at work or a location designated by your organization.

[Make an Appointment ▶](#)

Flu Shot Voucher

Visit a pharmacy to receive your flu shot.

[Order Voucher ▶](#)

- Select the onsite event location where you'd like to get your flu shot
- Click the green **Continue** button



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Logo 2

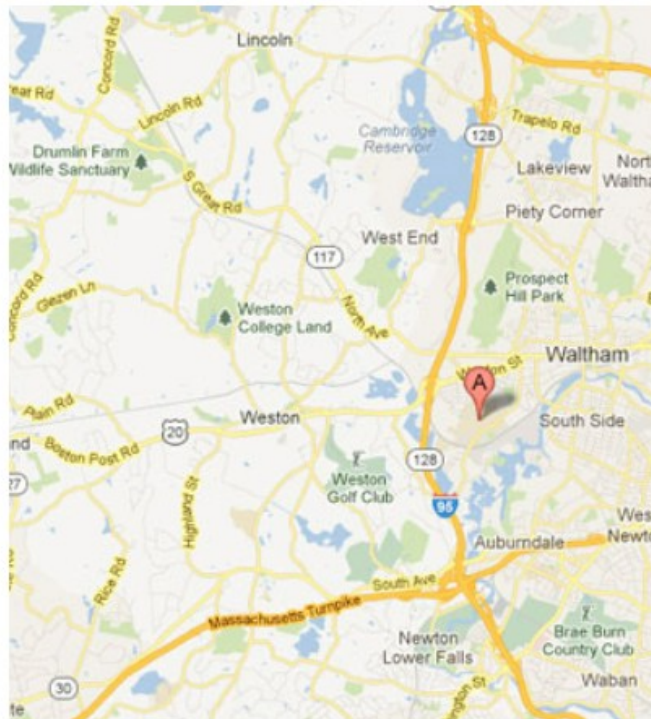
Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Location



Zip Code

Name of Location
1010 Street Address
City Name, State 12345

0 mi

Name of Location
1010 Street Address
City Name, State 12345

0 mi

Name of Location
1010 Street Address
City Name, State 12345

0 mi

Name of Location
1010 Street Address
City Name, State 12345

0 mi

Name of Location
1010 Street Address

0 mi

Continue ▶

- Select the **Date** and the **Time** when you would like get your flu shot
- Click the green **Continue** button

Location

[Change](#)



Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Date and Time

Date



Time



Continue



Review and Confirm

- Verify that all the appointment details shown on the screen are accurate
- Click the green **Confirm** button
 - NOTE: Your onsite flu shot appointment is **not scheduled** until you click the green **Confirm** button

Location

[Change](#)



Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Date and Time

[Change](#)



Saturday, June 16, 2018

8:10 am

Review and Confirm

Confirm

Your appointment is not scheduled until you click confirm.

- Once your appointment has been scheduled you will arrive at the **Confirmation** screen
- Click the green **Back to Dashboard** button to return to your dashboard



Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Thank you, Allison!

Your flu shot has been scheduled at the Onsite Flu Shot location indicated below.

Onsite Flu Shot

Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Saturday, Jun 18, 2018
at 8:10 am

[Back to Dashboard](#)

Update Your [Email Preferences](#).

Prepare For Your Appointment



Wear loose fitting sleeves.



Continue to take all medications as prescribed by your healthcare provider.

For questions, contact the Health & Wellness Service Center:
1.855.623.9355

- On your dashboard, you will be able to see your scheduled onsite Flu Shot appointment.
- You can click the green **Download to Calendar** link to add the appointment to your calendar
- If needed, you can also use the green buttons to cancel or reschedule your appointment

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Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Scheduled

Onsite Flu Shot

Name of Location

1010 Street Address

Room 3B

City Name, State 12345

Saturday, Jun 18, 2018

at 8:10 am



[Download to Calendar](#)

Cancel



Reschedule



[? Need More Appointment Information?](#)

How to get a download a flu shot voucher to get your flu shot

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the **password** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

The screenshot shows the Quest for Health dashboard. At the top, there are logos for Blueprint for WELLNESS and Quest Diagnostics. To the right, a user is logged in as 'Hello, Alexandria Didaplinko' with links for 'My Results', 'My Account', and 'Contact Us'. Below the login area, there is a section titled 'Why should you participate?' with a description: 'Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!'. A mouse cursor is pointing at a small icon. To the right of this text is a placeholder for 'Logo 3' and a green button labeled 'About Your Program'. Below this is a section titled 'Wellness Screening' with the text 'To get started, select an appointment method below.' There are two columns of options: 'Patient Service Center' with a description 'Schedule a screening at a nearby Quest Diagnostics location.' and a green button 'Schedule a Screening'; and 'Onsite Event' with a description 'Attend a wellness event at work or a location designated by your organization.' and a green button 'Make an Appointment'. At the bottom, there are two more options: 'Physician Results Form' and 'At-Home Test'.

Please note: these screenshots are based on common desktop screen resolution; actual screens may vary due to responsive design

- If you have already completed your screening, the **Flu Shot** section will be near the top of your dashboard
- If wellness screenings are available and you have not yet completed your screening, the **Flu Shot** section may be below other sections, such as the **Wellness Screening** section or **Why Should You Participate** section
- In the **Flu Shot** section, under **Flu Shot Voucher**, click the green **Order Voucher** button to download your voucher

Blueprint
for WELLNESS®



Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Flu Shot

To get started, select an appointment type below.

Onsite Flu Shot Event

Attend a flu shot event at work or a location designated by your organization.

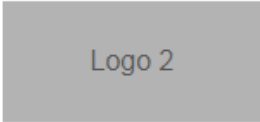


[Make an Appointment ▶](#)

Flu Shot Voucher

Visit a pharmacy to receive your flu shot.

[Order Voucher ▶](#)

- On the confirmation page you can click **Download Form** to download and print your flu shot voucher
- Click the green **Back to Dashboard** button to return to the dashboard



Hello, Alexandria Didaplinko
[My Results](#) [My Account](#) [Contact Us](#)

Thank you, Allison!

Your Flu Shot voucher is available below.

Flu Shot Voucher



Download Form ▶

Voucher must be used by:
April 1, 2018

Back to Dashboard

Update Your [Email Preferences](#).

Prepare For Your Appointment



Wear loose fitting sleeves.

Continue to take all medications as prescribed by your healthcare provider.

For questions, contact the Health & Wellness Service Center:
1.855.623.9355

- On the dashboard, you will be able to see your scheduled Flu Shot Voucher
- To download the form again, click the **download your form here** link
- To cancel your flu shot voucher order, click the green **Cancel** button

Blueprint
for WELLNESS®



Logo 2

Hello, Alexandria Didaplinko

[My Results](#)

[My Account](#)

[Contact Us](#)

Scheduled

Flu Shot Voucher

Take your form into the location listed on your form. You can also [download your form here](#).

Cancel



[? Need More Appointment Information?](#)