





Register Now >

How to register at My.QuestForHealth.com from a mobile device

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Login** area to enter your **username** and **password** and click the green **Login** button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site, use the **Create Account** area, enter the registration key provided by your employer, and click the **Register Now** button



Terms and Conditions

Terms of Service: Quest **Diagnostics Health & Wellness** represents health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at QuestDiagnostics.com/home/privacypolicy/online-privacy.html Our Privacy of Protected Health Information (PHI) policy requires that we"must obtain, maintain, use and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws." Though this is a voluntary program, should you choose not to accept these Terms and Conditions, you will not be able to participate.

2. By participating in the wellness screening program(s) you acknowledge, and consent to, Quest Diagnostics Health & Wellness' disclosure of the data and outcomes of your Health

- Read through the Quest Diagnostics Terms and Conditions
- Scroll to the bottom and click the Accept & Continue button

HIPAA.

8. The information you receive from participating in this program does not constitute the practice of medicine, and is provided to you for informational purposes only. You may share this information with your personal physician for medical treatment purposes, or for interpretation of the results, when appropriate.

Accept & Continue 🕨

Download Terms and Conditions



- Under **Confirm Eligibility**, enter your Unique ID, Date of Birth, and relationship to the organization
 - Your Unique ID should have been provided to you in an employer communication
 - Your relationship should be either **employee** or **spouse/domestic partner**
- Click the green Submit button



Create Your Account

Eligibility Verification

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Password	a
Confirm Password	٩
Continue 🕨	
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- Create a username and password to log in to your account
 - The password must be at least 8 characters long, include a number or special character, and include at least 1 uppercase letter and at least one lowercase letter
- Click the green Continue button



Enter Your Information

Personal Information

Last Name	
Birth Date	m
Gender	
Phone	
Email Address	

• Verify/complete all of the information under **Personal Information**

- Please note that an email address is required and will be used in case you need to retrieve your username, or reset your password
- Verify/complete all of the information under Mailing Address
- If applicable, you may also be asked to enter Insurance information
- Click the green Submit button

Address (Line 1)	
Address (Line 2)	2
Country	
City	
State	
Zip Code	



Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

About Your Program

- After registering, you will arrive at the dashboard
- Under the **Why should you participate?** section, you will be able to see any program-specific information your employer provided, if applicable



Quest Diagnostics



Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

About Your Program

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening)

How to schedule a Quest Diagnostics Patient Service Center (PSC) appointment from a mobile device

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening >

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment >

Physician Results Form

Submit results from a screening performed by your physician.

Order Form

• To schedule a screening at a PSC, from the dashboard, in the **Wellness Screening** section, under **Patient Service Center**, click the **Schedule a Screening** button



Schedule screening



- Select the Quest Diagnostics PSC location where you'd like to complete your screening
 - Note: To search for PSC locations in other areas then your home zip code, simply change the zip code
- Click the green Continue button

Name of Location	0 mi
1010 Street Address	
City Name, State 12345	
Name of Location	0 mi
1010 Street Address	
City Name, State 12345	
Name of Location	0 mi
1010 Street Address	
Date and Time	
Peview and Confirm	
Review and Confirm	



- Select the Date and the Time when you would like to complete your screening
- Click the green Continue button



- If your employer offers any optional screening tests, you will be able to select which ones you would like and click **Continue**
- If your employer does not offer optional screening tests, you will automatically be taken past this step



- · Verify that all the appointment details shown on the screen are accurate
- Click the green Confirm button
 - NOTE: Your appointment is **not scheduled** until you click the green **Confirm** button



Thank You, Allison!

Your wellness screening has been scheduled at the Patient Service Center indicated below.

Patient Service Center

Name of Location 1010 Street Address City Name, State 12345

Saturday, Jun 18, 2018 at 8:10 am

Back to Dashboard

Update Your Email Preferences.

Prepare For Your Appointment

- Once your appointment has been scheduled you will arrive at the **Confirmation** screen
- Click the green **Back to Dashboard** link to return to the dashboard

Prepare For Your Appointment Drink plenty of water prior to your appointment Continue to take all medications as prescribed by your healthcare provider. Do not eat or drink anything, except water, for 9-12 hours prior to the blood test. Next Steps Take your health questionnaire. For questions, contact the Health & Wellness Service Center: 1 855 623 9355



Scheduled

Patient Service Center

Name of Location 1010 Street Address City Name, State 12345

Saturday, Jun 18, 2018 at 8:10 am



- On the dashboard, you will be able to see your scheduled appointment
- You can click the green **Download to Calendar** link to add the appointment to your calendar
- If needed, you can also use the green buttons here to cancel or reschedule your appointment
- Clicking the **Need more appointment information?** link will take you back to the appointment confirmation page



Quest Diagnostics



Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

About Your Program

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening

How to schedule a screening at an onsite event from a mobile device

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the Log In area to enter your username and password and click the green Log In button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- · After logging in or registering, you will be taken to the dashboard

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening >

Onsite Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment >

Physician Results Form

Submit results from a screening performed by your physician.

Order Form

• To schedule an appointment at an onsite event, in the **Wellness Screening** section, under **Onsite Event**, click the green **Make an Appointment** button



- Select the onsite event location where you'd like to complete your screening
- Click the green Continue button





• Click the green **Continue** button

Schedule Screening Location Name of Location 1010 Street Address City Name, State 12345 Date and Time Date

Continue



- · Verify that all the appointment details shown on the screen are accurate
- Click the green Confirm button
 - NOTE: Your appointment is **not scheduled** until you click the green **Confirm** button



Thank You, Allison!

Your wellness screening has been scheduled at the Onsite Event indicated below.

Onsite Event

Name of Location 1010 Street Address City Name, State 12345

Saturday, Jun 18, 2018 at 8:10 am

Back to Dashboard

Update Your Email Preferences.

Prepare For Your Appointment

- Once your appointment has been scheduled you will arrive at the **Confirmation** screen
- Click the green Back to Dashboard button to return to the dashboard





Scheduled

Onsite Event

Name of Location 1010 Street Address City Name, State 12345

Saturday, Jun 18, 2018 at 8:10 am



- On the dashboard, you will be able to see your scheduled appointment.
- You can click the green **Download to Calendar** link to add the appointment to your calendar
- If needed, you can also use the green buttons to cancel or reschedule your appointment
- You can click the **Need more appointment information?** link to return to the confirmation page







Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

About Your Program

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening)

How to complete a screening using a Physician Results Form from a mobile device

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to your dashboard



 To complete your screening using a Physician Results Form, in the Wellness Screening section, under Physician Results Form, click the Order Form button



Thank You, Allison!

Your wellness screening is has been created as a Physician Results Form, download it below.

Physician Results Form

Download Form

Tests needed to be completed: Jan 1, 2017-Dec 31, 2017

Form must be returned by: Sat, Dec 17, 2017

Back to Dashboard

Update Your Email Preferences.

- After arriving at the Confirmation screen, you can click the green
 Download Form button to download and print your personalized form
 - Verify that all of your personalized information in the form is accurate and have your physician complete the form
 - Please note the range of dates when the test must be completed and the deadline to return the form
- Click the green **Back to Dashboard** button to return to the dashboard

Next Steps

Take your <u>health questionnaire.</u>
 You can Fax it to xxx.xxx.xxx or <u>upload it</u>.

For questions, contact the Health & Wellness Service Center: 1.855.623.9355.





Need More Appointment Information?

After your doctor completes the form, there are two options for submitting the form to Quest Diagnostics:

- You may fax the completed form to the fax number indicated on the form, or
- You may submit your completed form to Quest Diagnostics electronically by clicking the **Upload Form** button on the dashboard



Upload your form

Change For	rm 🕨
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- After selecting the green Change Form button, browse your device for the file
- In the **Input Your Results** section, validate your form by entering the measurements shown on your form
- After filling in all required information, click the green **Submit** button
- You will receive an email as notification whether your form has been processed or rejected for any reason





Blueprint

Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

About Your Program

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening)

How to order at-home testing materials from a mobile device

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard



• To participate using Qcard[™] at-home test materials, in the **Wellness Screening** section, under **At-Home Test**, click the green **Order Materials** button

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ddress (Line 2)	
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- Confirm the shipping address for the Qcard materials
 - Note: Quest Diagnostics Health & Wellness is unable to ship Qcard materials to the state of NY and outside of the continental United States
- Click the green Confirm button



Thank You, Allison!

Your At-Home Test Materials will be sent to the address indicated below.

At-Home Test Materials

Materials Sent To: 1010 Street Address City Name, State 12345

Orders

Date	Status	
01-13-17	Ordered	
04-05-17	Shipped	
Back to D	ashboard	

Update Your Email Preferences.

- Once your materials have been ordered, you will arrive at the **Confirmation** screen
- Click the green **Back to Dashboard** link to return to the dashboard



- Form the dashboard you'll be able to see the date you placed the order and the date the materials shipped
- If you do not receive the materials within 10 days of the shipped date, materials can be reordered using the green **Reorder** button on the dashboard



Blueprint







How to complete your health questionnaire from a mobile device

- Visit My.QuestForHealth.com
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the Create Account area, enter the registration key provided by your employer, and click the Register Now button
- · After logging in or registering, you will be taken to the dashboard

Health Questionnaire

Tell us a little about your health habits in this health questionnaire. We will use your responses in combination with your screening results to give you deeper insights about your your health and wellness. The questionnaire will take approximately 10-15 minutes to complete.

Take Health Questionnaire

- If you have already completed your screening, the **Health Questionnaire** section will be at the top of your dashboard
- If you have not yet completed your screening, the **Health Questionnaire** section may be below other sections, such as the **Wellness Screening** section or **Why Should You Participate** section
- Click the green **Take Health Questionnaire** button to begin your questionnaire







Why Should You Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health. Schedule your screening today!

About Your Program

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening)

How to make an appointment for an onsite flu shot event from a mobile device

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

Flu Shot

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To get started, select an appointment type below.

Onsite Flu Shot Event

Attend a flu shot event at work or a location designated by your organization.

Make an Appointment >

Flu Shot Voucher

Visit a pharmacy to receive your flu shot.



- If you have already completed your screening, the **Flu Shot** section will be near the top of your dashboard
- If wellness screenings are available and you have not yet completed your screening, the Flu Shot section may be below other sections, such as the Wellness Screening section or Why Should You Participate section
- In the Flu Shot section, under Onsite Flu Shot Event, click the green Make An Appointment button to schedule your appointment



Schedule screening



- Select the onsite event location where you'd like to get your flu shot
- Click the green Continue button





- Select the **Date** and the **Time** when you would like get your flu shot
- Click the green Continue button



- Verify that all the appointment details shown on the screen are accurate
- Click the green Confirm button
 - NOTE: Your onsite flu shot appointment is **not scheduled** until you click the green **Confirm** button



Thank You, Allison!

Your flu shot has been scheduled at the Onsite Flu Shot location indicated below.

Onsite Flu Shot

Name of Location 1010 Street Address City Name, State 12345

Saturday, Jun 18, 2018 at 8:10 am

Back to Dashboard

Update Your Email Preferences.

- Once your appointment has been scheduled, you will arrive at the **Confirmation** screen
- Click the green **Back to Dashboard** button to return to the dashboard





- On your dashboard, you will be able to see your scheduled onsite flu shot appointment.
- You can click the green **Download to Calendar** link to add the appointment to your calendar
- If needed, you can also use the green buttons to cancel or reschedule your appointment







Why Should You Participate

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About Your Program

Wellness Screening

To get started, select a screening method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening

How to download a flu shot voucher from a mobile device

- Visit <u>My.QuestForHealth.com</u>
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and click the green **Log In** button
 - If you've forgotten your login information, use the p**assword** link to reset your password or the **username** link to retrieve your username
- If you've never registered on the site to establish an account, use the **Create Account** area
- After logging in or registering, you will be taken to the dashboard

Flu Shot

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To get started, select an appointment type below.

Onsite Flu Shot Event

Attend a flu shot event at work or a location designated by your organization.

Make an Appointment >

Flu Shot Voucher

Visit a pharmacy to receive your flu shot.



- If you have already completed your screening, the **Flu Shot** section will be near the top of your dashboard
- If wellness screenings are available and you have not yet completed your screening, the Flu Shot section may be below other sections, such as the Wellness Screening section or Why Should You Participate section
- In the Flu Shot section, under Flu Shot Voucher, click the green Order Voucher button to download your voucher



Thank You, Allison!

Your Flu Shot voucher is available below.





Update Your Email Preferences.

- On the confirmation page you can click **Download Form** to download and print your flu shot voucher
- Click the green Back to Dashboard button to return to the dashboard





- To download the form again, click the **download your form here** link
- To cancel your flu shot voucher order, click the green Cancel button

