

January 27, 2016

Dear Plan Member:

Welcome to your new prescription benefit. Starting **March 1, 2016**, we will be working with **The Teamsters Health and Welfare Fund of Philadelphia and Vicinity** to administer the prescription benefit portion of your health plan.

Your prescription plan offers two ways to get your medication:

- **Retail network (short-term medications)**
Use a CVS/caremark participating retail pharmacy when filling short-term prescriptions for medications such as antibiotics. Our network includes more than 68,000 pharmacies nationwide, including chain pharmacies, 20,000 independent pharmacies and 9,500 CVS/pharmacy stores.
- **Mail service pharmacy (long-term medications)**
Use the CVS/caremark Mail Service Pharmacy to fill your long-term* prescriptions. Mail service is a cost-effective choice for long-term medications because you can get up to a 90-day** supply for less than what you would pay for the same supply at retail.

Here are some additional services we offer:

- **FastStart®** offers easy ways to get started with mail service. With FastStart, you can register for mail service online, by mail, by phone or by your doctor calling.
- **CVS/specialty™** is designed for individuals with rare, complex or genetic conditions. Our specialty pharmacy offers convenient delivery of specialty medications, personalized service and educational support for your specific treatment. It also offers 24-hour access to a clinical pharmacist for any questions that may come up. To receive coverage for specialty medications, your plan requires that they be filled at CVS/specialty. Please know that transplant and HIV medications that are part of Expanded Exclusive Specialty (EES) will be covered for one grace fill at a non-CVS/specialty pharmacy.
- **Specialty Guideline Management (SGM)** promotes the appropriate use of biotech/specialty medications and monitors patient safety.

*A maintenance (long-term) medication is taken regularly for chronic conditions or long-term therapy. A few examples include medications for managing high blood pressure, asthma, diabetes or high cholesterol. **Actual quantity may vary depending on your plan. *Customers in Hawaii only may use a Longs Drugs store.

**This list does not have all the discounted items and can change. The discount is only for things paid for by the cardholder. It is not for prescriptions, alcohol, lottery, postage stamps, gift cards, money orders, pre-paid cards and photo finishing. Other restrictions may apply.

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.
5282-36950A 011416



- **Maintenance Choice**[®] lets you choose how to get 90-day supplies of your maintenance medications: through mail service or at a CVS/pharmacy store.⁺ Either way, you pay mail service prices.
- **ExtraCare**[®] **Health Card** provides you and your family with a 20 percent⁺⁺ discount on CVS Brand health-related products, from cough and cold medication to pain and allergy relief. Your card and additional information will be mailed to your home.
- **Caremark.com** is an easy way to make the most of your prescription benefits:
 - Sign up for automatic refills and renewals
 - Explore lower-cost options
 - Sign up to receive alerts by email, phone or text message
 - Access the latest health and wellness information

Soon we will mail you a **Welcome Kit** that includes more information about your new prescription benefit plan.

Questions? After **March 1, 2016**, visit **www.caremark.com** or call us toll-free at **1-866-549-0998**. We look forward to helping you better manage your health.

Sincerely,

Your Customer Care Team
CVS/caremark

*A maintenance (long-term) medication is taken regularly for chronic conditions or long-term therapy. A few examples include medications for managing high blood pressure, asthma, diabetes or high cholesterol. **Actual quantity may vary depending on your plan. *Customers in Hawaii only may use a Longs Drugs store.

**This list does not have all the discounted items and can change. The discount is only for things paid for by the cardholder. It is not for prescriptions, alcohol, lottery, postage stamps, gift cards, money orders, pre-paid cards and photo finishing. Other restrictions may apply.

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.
5282-36950A 011416 TDD: 1-800-863-5488